

Let's Talk: The startup blues



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By Loren Webb

Feeling utterly consumed by your new startup? Or maybe you can't seem to step away from it, spending weekends working and missing family events...

It can be easy to neglect your own mental health and get caught up in the rush of kicking off your startup, but it's important you're continuously investing in yourself as well as your startup!

Just having someone to share your queries and workload can make your journey that much better – so you remember the excitement that comes with your own startup, not just the stresses.

So how do you look after yourself whilst ensuring you're doing all that you can for your new business?

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What is this?

What would you do with the savings from buying your business insurance through us?

Go on holiday to Hawaii

Pay your taxes

Night out with the team

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...the first thing you should do is to get a clear understanding of what your business is and what you want to achieve. This is the foundation of any successful business plan. You need to know your market, your customers, and your competitors. You also need to know your strengths and weaknesses, and how you can use them to your advantage.

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Leadership is a responsibility that cannot be delegated

Leadership is not a title or a position, it is a function. It is the ability to inspire and motivate others to achieve a common goal. A leader is someone who takes responsibility for the actions of their team and ensures that they are aligned with the organization's vision and mission. Leadership is a skill that can be learned and developed, and it is essential for the success of any organization.

Leadership is also a process. It is the ongoing process of influencing and guiding others towards a common purpose. Leaders must be able to communicate effectively, listen to their team, and adapt to changing circumstances. Leadership is not a one-time event, it is a continuous process that requires ongoing effort and commitment.

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Leadership is a responsibility that cannot be delegated. While you may be able to delegate tasks and responsibilities, the ultimate responsibility for the success or failure of your team remains with you as the leader. You must be willing to take ownership of your team's performance and be prepared to hold them accountable for their actions.

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